

- Hearty soups & stews
- Canned Tuna & Chicken
- Peanut Butter
- Individually wrapped snacks– slim jims or beef jerky
- Individually Wrapped Crackers (cheese and peanut butter)
- Campbell's Ready to Go Tomato & Chicken Noodle Soups
- Canned Fruit (low sugar)
- Healthy snacks (raisins, craisins, granola bars)
- Microwavable grains (rice)
- Shampoo & Conditioner
- Toothpaste & Toothbrushes
- Deodorant



- Granola or cereal bars
- Individual boxed cereal or instant oatmeal or instant breakfast
- Macaroni and Cheese
- Tuna or chicken, canned
- Fruit, canned
- Peanut butter
- Snack crackers
- Granola bars
- Individual pudding cups
- Juice, boxes
- Cookies
- Spaghetti or ravioli, canned
- Soup, canned or dry
- Ramen noodles